

2003 Health and Preventive Practices Status Report

from Missouri County-level Study



Adair County**

	County Prevalence (%)*	Northeast Region Prevalence (%)*	State Prevalence (%)*
G eneral			
Health Status (Fair or Poor)	24.9	20.7	16.9
No Health Coverage	15.5	15.4	12.3
B ehavioral Risk Factors			
Physical Inactivity	19.9	25.2	23.0
Current Smoker	19.2	28.2	26.5
Overweight (BMI 25-29.9)	33.2	34.9	35.3
Obese (BMI ≥ 30)	24.0	25.7	23.4
D isease and Conditions			
High Blood Pressure	30.8	29.0	28.5
High Cholesterol (35 years or older)	41.4	39.1	37.3
Asthma	10.3	10.4	10.7
Diabetes	5.7	6.3	7.2
Activity Limitation	18.8	17.8	17.8
C ancer Screening			
Women			
Never had a Mammogram	16.7	17.4	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	49.4	59.8	49.4
50-64 years of age	49.7	44.1	35.9
65 and older	54.4	57.5	47.4
Never had a Pap Test:			
18-69 years of age	4.4	5.6	5.1
70 and older	27.5	12.6 H	6.4
No Pap Test in Last Year (18-29)	13.8	23.8	25.8
No Pap Test in Last 3 Years (30-69)	22.4	19.0	13.8
Men and Women 50 Years or Older			
Blood Stool Test:			
Never had a Blood Stool Test	75.5	64.5	57.0
No Blood Stool Test in Last Year	89.0 H	84.9 H	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	78.9 H	60.8 H	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	85.6 H	68.5 H	57.0

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

** The best indicators for Adair county were obtained by combining data from Adair and Schuyler counties.